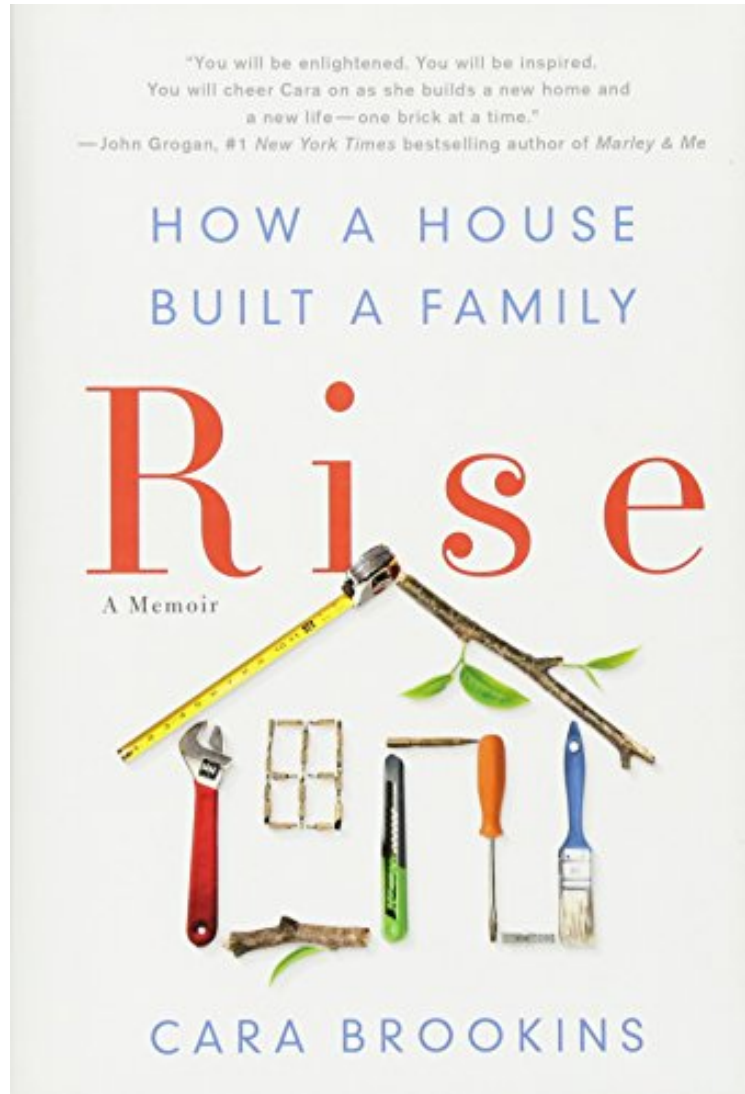


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Rise: How a House Built a Family

Cara Brookins

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Cara Brookins : Rise: How a House Built a Family before purchasing it in order to gage whether or not it would be worth my time, and all praised Rise: How a House Built a Family:

48 of 50 people found the following review helpful. One of the best books I have ever readBy Rivka KawanoLet me preface this by saying that I read more than the average person. I own over 700 books, all of which I have read, and read on average 2-4 books per month and have for my whole life, more when I was younger. This may be my favorite book of all time. Maybe it is because I am also the survivor of a abusive marriage. Maybe it is because I am also a mom. Maybe it hit me at just the right time as we are at the beginning phases of embarking on a crazy journey to build our own house as well. Reading this made me feel more empowered, more understood, and more connected than any

book I have ever read. If you are trying to understand anyone with past trauma, read this book. If you are recovering from past trauma, read this book. If you feel like life is too big and too difficult to handle sometimes, read this book. If you are struggling to find your way as a parent, read this book. If you want hope for the future, read this book. I can't even begin to explain how much "Rise" touched my heart. It will become one of those that I routinely buy copies of to have extra to give away. If you are on the fence about this one - get it! And read it with an open heart. 2 of 2 people found the following review helpful. Build my home By Margene Scheerer More than a how to. If anyone ever needed a new home away from memories of domestic abuse this author did! 0 of 0 people found the following review helpful. Four Stars By Dolly I found the book interesting. Well written. Made me think about parenting and the capabilities of strong women.

If you were inspired by Wild and Eat, Pray, Love, you'll love this extraordinary true story of a woman taking the greatest risk of her life in order to heal from the unthinkable. After escaping an abusive marriage, Cara Brookins had four children to provide for and no one to turn to but herself. In desperate need of a home but without the means to buy one, she did something incredible. Equipped only with YouTube instructional videos, a small bank loan and a mile-wide stubborn streak, Cara built her own house from the foundation up with a work crew made up of her four children. It would be the hardest thing she had ever done. With no experience nailing together anything bigger than a bookshelf, she and her kids poured concrete, framed the walls and laid bricks for their two story, five bedroom house. She had convinced herself that if they could build a house, they could rebuild their broken family. This must-read memoir traces one family's rise from battered victims to stronger, better versions of themselves, all through one extraordinary do-it-yourself project.

An inspiring memoir of absolute determination. --Kirkus s "This rousing memoir beautifully illustrates how one family can look apprehension dead in the eye and scoff at it. For readers looking for inspiration to accomplish a daunting task, they need look no further than Brookins highly engaging and encouraging book." Booklist "A tough, honest memoir. Brookins deftly narrates the extreme learning curve her family experienced while putting a family back together again." Publishers Weekly "Cara Brookins did something remarkable with her life: She turned trauma into power and fear into courage. She refused to be a victim anymore. In powerful ways, her extraordinary memoir, Rise, tells the story of her resurrection from victim of domestic abuse to bad-ass mom with a hammer and carpenter's square. You will be enlightened. You will be inspired. You will cheer her on as she builds a new home and a new life for herself and her four children one brick at a time." John Grogan, #1 New York Times bestselling author of Marley Me "If Rise were a novel, the plotwoman escapes domestic violence to build her own house, assisted only by her children and YouTube videos would seem impossibly far-fetched. But Cara Brookins actually lived this story, and reading her account of it slowly filled me to the brim with admiration, hope, and belief that a determined human can do practically anything. Rise is a compelling story, lovingly told, that will uplift and inspire readers whatever their circumstances." Martha Beck, New York Times bestselling author of Finding Your Own North Star "Sometimes the universe puts us in a bad place and dares us to fight our way out. Cara Brookins did just this. We should all be as strong as her. This book will provide the powerful imagery and guidance for a generation of people who need to change their lives." Tom Hart, #1 New York Times bestselling author of Rosalie Lightning "This inspiring real-life story that's all the more amazing because it's true. Readers will be both spellbound and lifted by it." --David Morrell, New York Times bestselling author "Telling a story like Rise takes guts. It also takes talent, which Cara has in spades. To paraphrase Sondheim, she made a house, where there never was a house. And then she wrote this memorable book about it. Believe me, it's pretty rare for those skill sets to overlap." --Laura Lippman, New York Times bestselling author of After I'm Gone "Readers will be torn between believing Cara is a one-of-a-kind hero, and that anyone can be. At once heartbreaking and deeply inspiring, in Rise, Cara proves to herself, her children, and the rest of the world that strength comes from within and can be rebuilt, brick by brick." --Hilary Liftin, co-author of the New York Times bestseller sTORI Telling "It has been a very long time since I have read a book as singular and as profoundly moving as Rise. Rise, by turns daunting and uplifting, gives new meaning to the concepts of heroism and sacrifice, and it is a remarkable construct in itself." --Les Standiford, author of Water to the Angels "An uplifting story of resilience." --Real Simple Magazine "Rise takes readers along on a transformative journey...all readers can find inspiration in Brookins endeavor." --BookPage About the Author CARA BROOKINS is a computer analyst and social media marketing expert based in Little Rock. She is the author of several middle grade and young adult novels. Rise is her debut memoir.