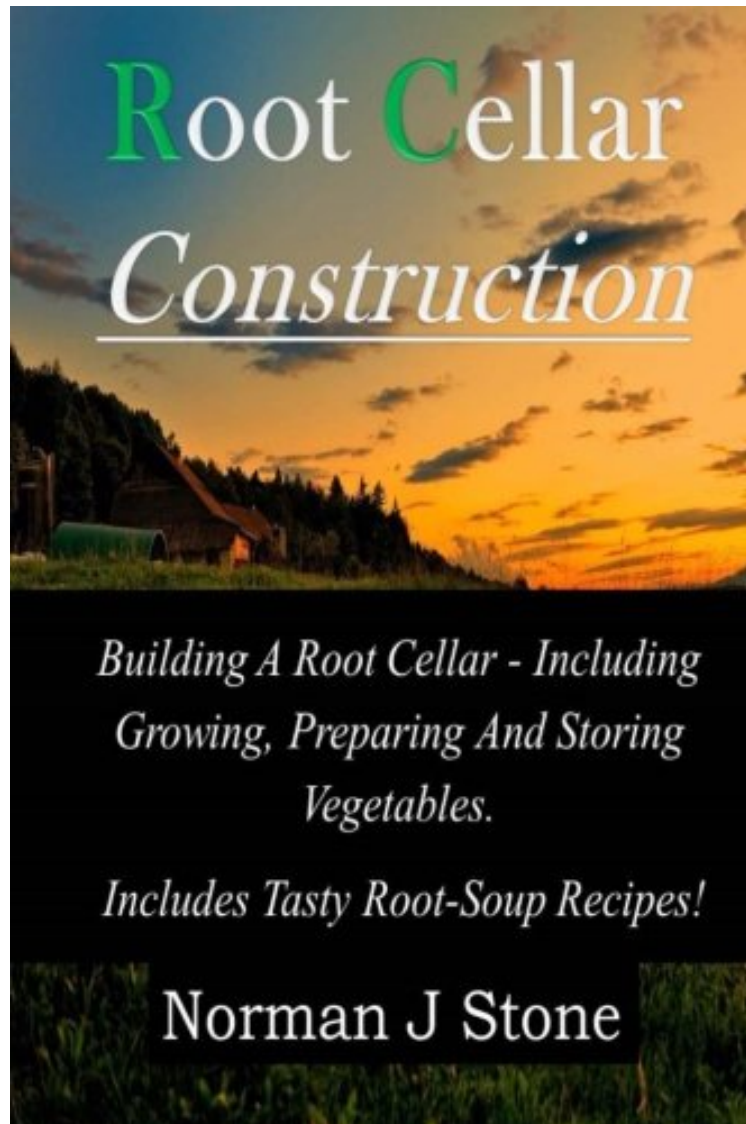


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## **Root Cellar Construction: Building A Root Cellar - Including Growing Preparing And Storing Vegetables. Includes Tasty Root-Soup Recipes!**

*Norman J Stone*

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**INTRODUCING ROOT CELLAR VEGETABLE STORAGE:\*\*\*NOW NO 1 BEST SELLER IN**

**CATEGORY!\*\*\***Storing root vegetables from the harvest, along with the knowledge of how to preserve, pickle and smoke-cure; used to be fairly common knowledge amongst the community in general before the coming of the electric refrigeration unit. For many years afterwards it dwindled in popularity as the super-stores took over from the Homesteaders in many communities, and children grew up thinking the carrots grew in polythene bags on supermarket shelves! Thankfully the advantages of the Root Cellar, which enables a family to store their vegetables without the use of electricity (except perhaps for a light bulb), has begun to be made clear and families turn once more to the land in a general rush to be self-sufficient and eat healthily. Now Homesteaders, Preppers, and Survivalists - even city dwellers, are seeking to get back to the 'Old Ways' and once again take control of their food intake - both for the sake of their finances and general well-being. There is a huge physical, financial and psychological benefit to be gained when growing and consuming your own food - whether that be growing vegetables or rearing chickens, geese, ducks or rabbits - typical small animals that you will find on many homesteads or hobby farms today. This Introduction to Root Cellaring will show you clearly through diagrams and pictures just what it means to build and store your vegetables in a root cellar. **WHAT YOU WILL FIND IN THIS BOOK:** 1. An introduction to the concept of root cellaring: What exactly is a root cellar and what exactly is the purpose of such a thing? 2. Root Cellar Types: Root vegetables can be stored successfully in many different ways and situations, apart from an actual 'Cellar.' In this section you will find described 5 main types of root 'cellar' and some 'quick solutions' if there is nothing more permanent to hand. 3. Preparation: How to prepare your vegetables for storage (easy!) 4. Growing Vegetables: A selection of the most popular vegetables to store in your root cellar, including detailed instructions on growing them! 5. Soup recipes! A selection of tasty soup recipes to put to good use once you have the veggies to hand! Cheap to operate and practical to use, the Root Cellar is making a come-back!

**About the Author** Norman J Stone is a keen advocate of living off the land and getting back to the 'Old Ways' of eating healthily, as well as being more independent from the big corporations. Writing from personal experience having been raised on a small farm, he is very much in tune with the movement towards self-sufficiency that is sweeping the land, as more and more people realise that it is time to get back some control over their food consumption in particular - and their lives in general. A keen writer as well as practical 'hands-on' guy, Norman seeks to spread his knowledge regarding self-sufficiency by writing books for both digital and paperback readers.