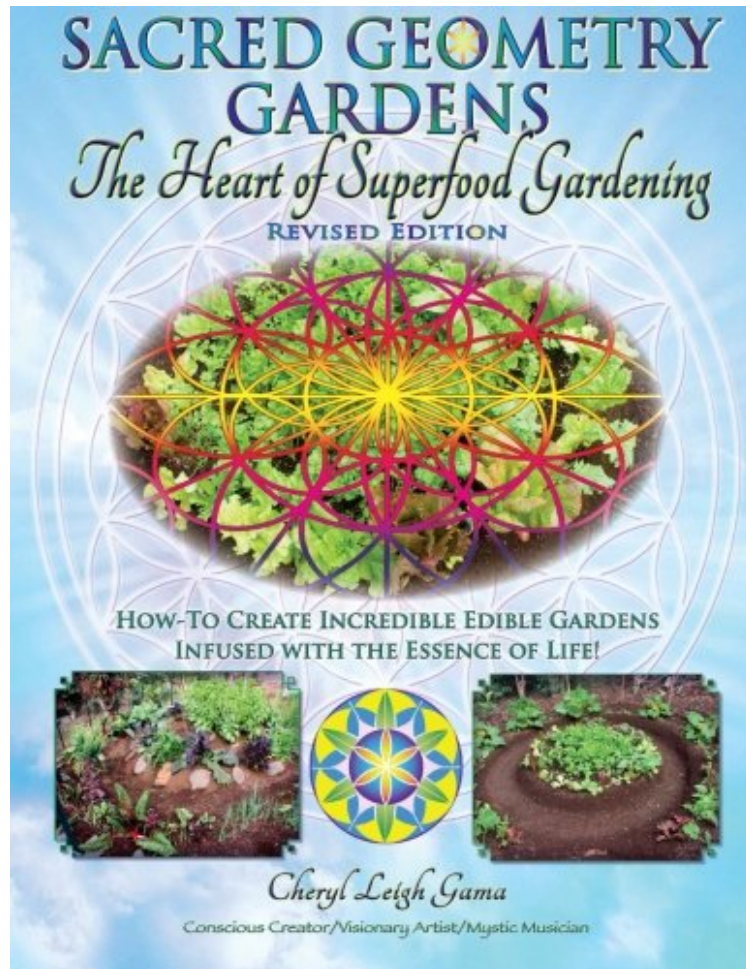


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# Sacred Geometry Gardens, The Heart of Superfood Gardening: How-To Create Incredible Edible Gardens Infused with the Essence of Life! (Volume 1)

*Cheryl Leigh Gama*

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**Cheryl Leigh Gama : Sacred Geometry Gardens, The Heart of Superfood Gardening: How-To Create Incredible Edible Gardens Infused with the Essence of Life! (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sacred Geometry Gardens, The Heart of Superfood Gardening: How-To Create Incredible Edible Gardens Infused with the Essence of Life! (Volume 1):

6 of 6 people found the following review helpful. A hidden jewel for any novice or master gardener...By CustomerThis book is beautifully written. The simple practice of growing a garden with purpose and respect for the

spirit of nature from the perspective of many belief systems is remarkable. No wonder the fruits of her labor are so lush. This book is an experience itself. Wonderful images and examples. I love the labyrinth and medicine wheel gardens. The author understands the interrelationship of the gardener and mother nature. She guides you to build a garden and makes that process a form of meditation. 1 of 1 people found the following review helpful. ... book to assist me with having a healthy and happy vegetable patch but it brought more with it. By Customer I bought this book to assist me with having a healthy and happy vegetable patch but it brought more with it, it helped me design a gorgeous garden that not only bears great vegetables but it is wonderful to look at and brings the whole garden together. 1 of 1 people found the following review helpful. While there is quite a bit of useful information, those readers who are not used to ... By Heather Hynd While there is quite a bit of useful information, those readers who are not used to invoking spirits, chakras etc etc will find it overwhelming in it's effusiveness. I love gardening. I teach Permaculture and biodiversity. I have a deep respect for Mother Nature, I just find this lady's writing too much to read. I will be teaching on medicine wheels, geometric gardens, labyrinths etc. next Spring, which is why I bought the book, it's one of very few on this subject.

2014 Revised Edition Now Available! Is it true that being aware of the natural flow of energy and planting a garden in these sacred geometrical patterns can beneficially impact the fruits, vegetables, people and communities around it? When a Feng Shui practitioner, Cheryl Leigh Gama, combined her ability to tune-in to nature with her love for art, music, physics, geometry and organic gardening, she followed her heart and created a Sacred Geometry Garden. The outcome was phenomenal; she produced \$600 worth of food monthly from a circular garden with an 11 diameter. (That's only 90 square feet!) Even before optimal organic soil amendments were added, this Superfood garden grew vibrantly and when the produce was Brix tested with a refractometer for nutrient density (on a scale of 1-10), the veggies scored from 4-10. The new book, Sacred Geometry Gardens: The Heart of Superfood Gardening, is a step by step manual for building a garden that is efficient, rich in nutrients, and is a fulfilling gardening experience. It takes you on a journey of self discovery and connectedness with our Earth. Cheryl Gama provides a hands-on/how-to presentation of practical, organic gardening methods that produce nutrient-dense superfoods at home on any size plot of land. It's easy, simple and can be done with ordinary gardening tools and soil specific organic amendments. Whether you are an experienced organic gardener or a beginner, Sacred Geometry Gardens will give you the opportunity to easily build a beautiful garden with love and universal harmony. Anyone interested in home gardening, organic gardening, quantum / progressive physics, consciousness, unity, feng shui, chi, elemental enhancements, permaculture, sustainability, thriving, science and spirituality will love this full-color, 8.5 x 11 book! 144 pages, 201 photographs, 62 illustrations and 186 graphics. Quality printing, packaging and shipping guaranteed by CreateSpace, a division of Amazon.com.