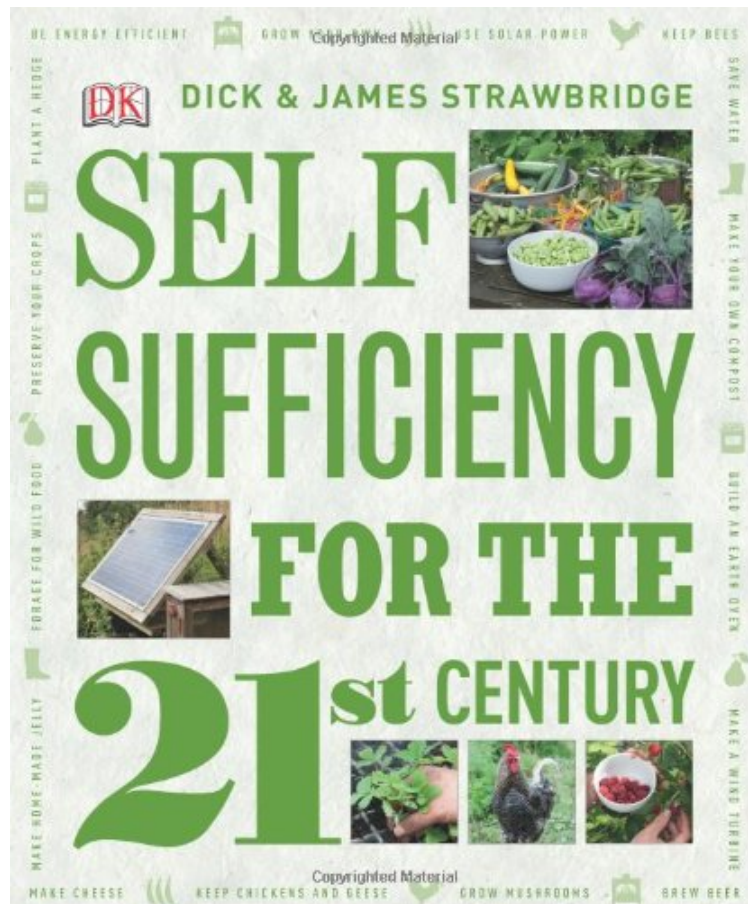


Self Sufficiency for the 21st Century

Dick and James Strawbridge

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Dick and James Strawbridge : Self Sufficiency for the 21st Century before purchasing it in order to gage whether or not it would be worth my time, and all praised Self Sufficiency for the 21st Century:

1 of 1 people found the following review helpful. Five Stars By Stephen Walker Great for How To prepping or just plane doing projects for fun. Much cheaper than at a book store. 0 of 0 people found the following review helpful. Great Facts for the beginner By Laura Funderburgh I actually received my book a lot quicker than expected. Which was great! This book is interesting and has great material in it for the beginner. My husband and I have been researching different options to the city life. Retired from the military we want to settle down with some land for gardening and a few animals. Our age makes living outside a city perfect as we would still be able to manage our lifestyle and keep in touch with my work and friends. 0 of 0 people found the following review helpful. Five Stars By Sarah Love this book!!!! One of my new favorites!

Take the proper steps to live more sustainably. Learn how to reduce waste, use wind and solar energy to power your home, and grow your own food. Written by BBC personalities Dick and James Strawbridge, this manual for the

modern age is complete guide to a simpler, greener, and cleaner lifestyle. With step-by-step guidance and techniques, *Self Sufficiency for the 21st Century* combines traditional skills and crafts with modern technological advances to help you live a more eco-friendly lifestyle. Perfect for both urban and rural readers, *Self Sufficiency for the 21st Century* has detailed illustrations and authoritative advice for tried-and-tested projects, including foraging for wild plants, finding natural remedies, composting, using green cleaners, and conserving energy at home. Learn how to can vegetables, garden in urban spaces, and the basics of animal husbandry. *Self Sufficiency for the 21st Century* is the perfect book to show you just how easy and rewarding green living can be with simple changes that have a major impact.

British father and son Dick and James Strawbridge (cohosts, *It's Not Easy Being Green*, BBC, UK) share their years of experience working Newhouse Farm, their smallholding in Cornwall, England, describing how everyone, including urban and suburban dwellers, can become more self-sufficient and environmentally conscious. They cover everything from conserving energy, harnessing energy from wind and water, gardening, and keeping livestock, to cheese making and creating willow baskets. Using step-by-step instructions and numerous useful photographs, the two show the reader, in just a few pages per subject, how to perform often complex tasks. Their enthusiastic, engaging style makes for easy reading, and the book paints a realistic picture of what it would be like to live as self-sufficiently as possible on a small farm. Many of the subjects they include, however, such as raising livestock, rate an entire book by themselves. **VERDICT** This is a useful overview of the range of possibilities for becoming more self-sufficient, written by knowledgeable authors, with the understanding that beginners would need additional instruction to handle many of the tasks.--Sue O'Brien, Downers Grove P.L., IL --Library Journal, October 1, 2010 *Self Sufficiency for the 21st Century* will teach how to make biodiesel for cars generate solar power for homes even build a water wheel or wind vane. Not enough for you? It also teaches how to brew beer make cheese and the basics of animal husbandry. - Susan Love --Cleveland Plain Dealer, August 23, 2010 This book has it all for the man or woman who might be considering starting his or her own country. --Milwaukee Journal Sentinel, July 26, 2010 Gorgeous photos, handy charts and attractive and detailed diagrams (signatures of DK books) make this an inviting read. -Catherine Mallette --Fort Worth Star-Telegram, August 27, 2010 Photos and annotated illustrations on every page make the information clear, accessible, inviting, and even irresistible [such as the photos of DIY elderflower champagne which the Strawbridges consider definitely at the glamorous end of self sufficiency]. You don't need a farm to benefit from this book. It's aimed at all levels and the labeled drawings and plans of the urban yard, the suburban yard and the small farm are both useful and inspiring...In essence, the book is like a cross between a how-to text and a book to dream over. -Pat Jeffries --The Oregonian, September 16, 2010 **About the Author** Dick Strawbridge, a retired lieutenant colonel and former army engineer, has always been fascinated by how things work. His desire to lead a greener life led him to put his practical and leadership skills to use in converting Newhouse Farm in Cornwall, UK, into an ecologically friendly, but completely modern, place to live. The family's journey to a sustainable, self-sufficient lifestyle was documented in the BBC series *It's Not Easy Being Green*. James Strawbridge, Dick's son, has inherited his father's enthusiasm for DIY and ecological issues. Co-presenting *It's Not Easy Being Green* allowed him the opportunity to fully pursue both interests. James continues to work with his father on the green living courses, as well as gardening and engineering projects. He is a regular contributor to magazine and newspaper discussions on green issues.