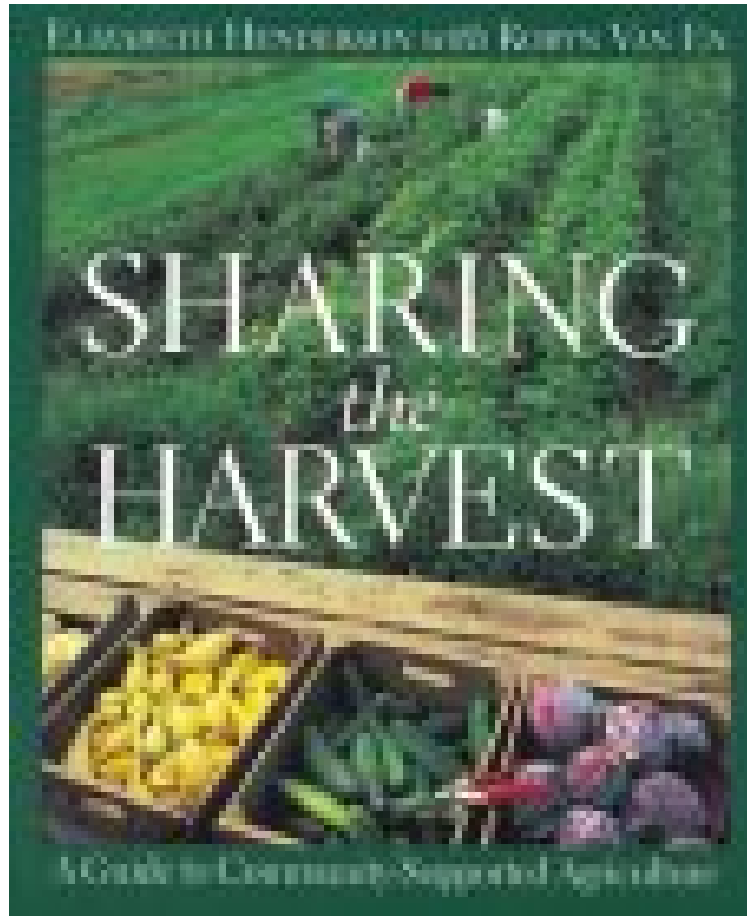


(Download free pdf) Sharing the Harvest: A Guide to Community Supported Agriculture

Sharing the Harvest: A Guide to Community Supported Agriculture

Elizabeth Henderson

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Elizabeth Henderson : Sharing the Harvest: A Guide to Community Supported Agriculture before purchasing it in order to gage whether or not it would be worth my time, and all praised Sharing the Harvest: A Guide to Community Supported Agriculture:

3 of 3 people found the following review helpful. Very good resource for CSA customers and growersBy CustomerI am a wannabe CSA farmer so this book was at the top of my list. I really have enjoyed it. It is geared more for the customer so it's not very technical but it has plenty of info for growers including plant charts that are really useful. I know this will be a well used book once I get started with my CSA.Don't expect to learn all aspects of running a CSA from this book however, but you should enjoy it.0 of 0 people found the following review helpful. would recommend to anyone wanting to get back to the very ...By Kimberlywould recommend to anyone wanting to get back to the very basics and live a lifestyle independent of the life that we know of in todays time. yes it's hard work, but nothing can be more gratifying than knowing you actually provided everything yourself.1 of 1 people found the following review helpful. Three StarsBy Marjorie OlsonVery wordy, few illustrations.

To an increasing number of American families the CSA (community supported agriculture) is the answer to the globalization of our food supply. The premise is simple: create a partnership between local farmers and nearby consumers, who become members or subscribers in support of the farm. In exchange for paying in advance--at the beginning of the growing season, when the farm needs financing--CSA members receive the freshest, healthiest produce throughout the season and keep money, jobs, and farms in their own community. In this thoroughly revised and expanded edition of a Chelsea Green classic, authors Henderson and Van En provide new insight into making CSA not only a viable economic model, but the right choice for food lovers and farmers alike. Thinking and buying local is quickly moving from a novel idea to a mainstream activity. The groundbreaking first edition helped spark a movement and, with this revised edition, *Sharing the Harvest* is poised to lead the way toward a revitalized agriculture.

From Booklist Since the first edition of this title was released in 1997, Community Supported Agriculture (CSA) and the locally grown food movement have become much more mainstream. This heavily revised, excellent new edition will surely cement the title's reputation as a bible for interested growers and consumers alike. Each chapter is extensively updated with new data, case studies, and quotes, but the general overview maintains the first edition's mix of both the highly practical (Money Matters for CSAs) and the more philosophical, in sections that explore the connections between biodiversity and social diversity. Each chapter, illustrated with small black-and-white photos and graphs, closes with source notes, and a lengthy resource section, highlighting organizations and publications for further research, concludes the volume. Those interested in starting a new CSA will find useful ideas, but this is intended more as a comprehensive survey of the subject for all readers who are concerned about the food industry and the future of agriculture. Suggest to readers of Michael Pollan's *In Defense of Food* (2008). --Gillian Engberg Booklist

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About the Author Elizabeth Henderson co-authored *The Real Dirt* and *Sharing the Harvest: A Citizen's Guide to Community Supported Agriculture*. She farms in Newark, New York, and has been involved in CSA farming for more than 15 years. Robyn Van En (1949-1997) was the founder of Indian Line Farm, the first CSA in the United States, and author of the path-breaking handbook *Basic Formula to Create Community Supported Agriculture* (1988, 1996). Joan Gussow is a highly acclaimed nutrition educator who has demonstrated that year-round eating from 1,000 square feet in a suburban riverfront village is possible, life-sustaining, and delicious. She is the author of *This Organic Life*, *The Feeding Web*, and *Growing, Older: A Chronicle of Death, Life, and Vegetables*, and is Mary Swartz Rose Professor Emerita and former chair of the Columbia University Teachers College Nutrition Department. She lives on the Hudson River in Piermont, New York.