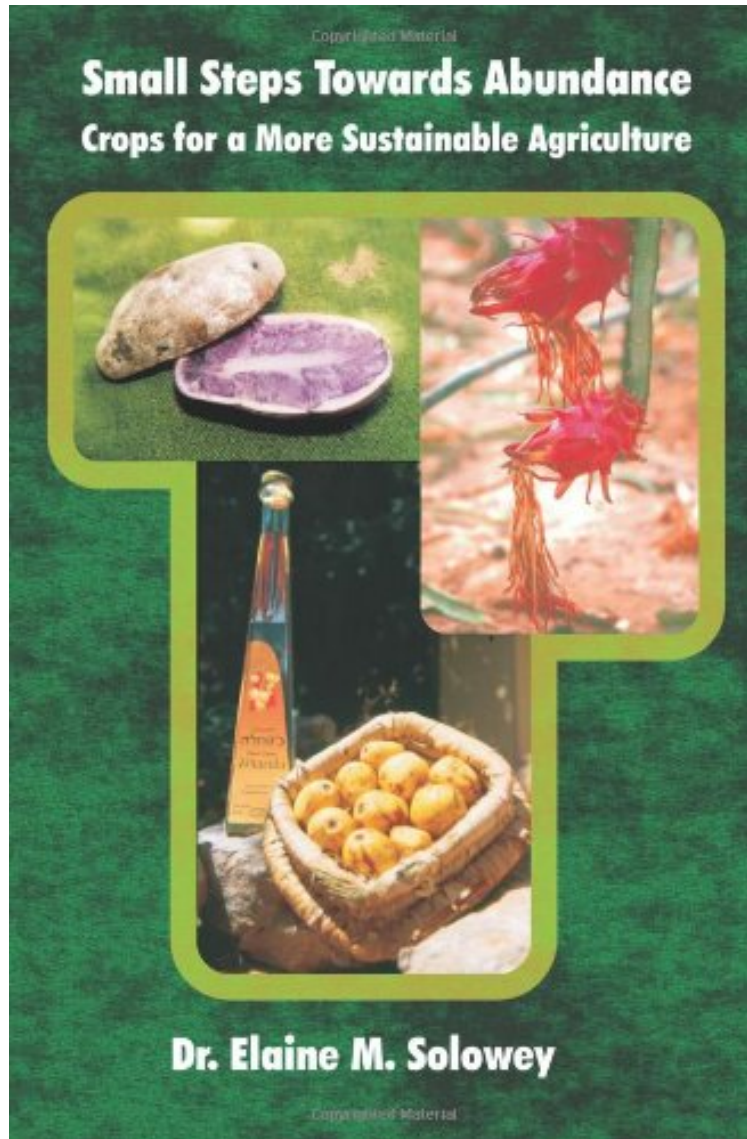


Small Steps Towards Abundance: Crops for a More Sustainable Agriculture

Elaine Solowey

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Elaine Solowey : Small Steps Towards Abundance: Crops for a More Sustainable Agriculture before purchasing it in order to gage whether or not it would be worth my time, and all praised Small Steps Towards Abundance: Crops for a More Sustainable Agriculture:

3 of 3 people found the following review helpful. Inspiration for a Healthy GenerationBy WyoWendyIn a world filled

with junk science and impractical suggestions, Dr. Solowey's book is a breath of fresh air. Her insightful understanding of healthy foods and sustainable agriculture resonates with passion and is filled with practical steps for living a healthier, happier life. For an educational and surprisingly enjoyable read, *Small Steps Towards Abundance: Crops for a More Sustainable Agriculture* is a wonderful addition to any library.

The shops and supermarkets of the developed world paint a false picture of abundance. Acres of shelves contain every prepared food imaginable. There are thousands of square miles of glistening perfect to the eye fruits and vegetables and endless displays of refrigerated meat. Why then should we worry about food? Actually these sights are like a painted screen that hides a desolate landscape. The abundance of the supermarket is a false one. In truth much of humanity is chronically, mercilessly hungry.

About the Author Elaine M. Solowey was born in 1953. She studied commercial horticulture, desert agriculture, land reclamation and tree surgery. She married Michael Solowey in 1975 and together the couple has six sons. A member of Kibbutz Ketura since 1975 she has planted and managed orchards, introduced new crops taught at the Arava Institute and founded the Center for Sustainable Agriculture at the Arava Institute. Currently Dr. Solowey is working on germplasm exchanges for MERC/AID and the cultivation and domestication of rare medicinal plants for the Natural Medicines Unit of Hadassah Hospital in Jerusalem.