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Spirit of the Home: How to Make Your Home a Sanctuary

Jane Alexander

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Jane Alexander : Spirit of the Home: How to Make Your Home a Sanctuary before purchasing it in order to gage whether or not it would be worth my time, and all praised Spirit of the Home: How to Make Your Home a Sanctuary:

1 of 1 people found the following review helpful. Wonderful ReadBy HannahKatieBurgessI love this book. It is a mixxture of history, mythology, and feng shui. Easy methods to put into practice and well written.34 of 34 people found the following review helpful. Indispensable reading for anyone who cherishes their homeBy A CustomerI've read so many books about interior decor, Feng Shui, space clearing, etc., etc. - but this book covers all aspects of making your home a true haven for body, mind and spirit. It is not only inspiring to read but beautiful to look at. Jane Alexander gives many tips which are easy to carry out without a great deal of expense. I can personally vouch for the fact that if you follow her advice, you will notice the difference in the atmosphere of your home - and so will your visitors. This lovely book makes a perfect gift, particularly for someone who needs their spirits boosting or is

contemplating decorating their home, or perhaps moving house. Only trouble is that if you buy it for someone else, you'll probably be tempted to keep it for yourself!30 of 31 people found the following review helpful. All you need to transform your home - and your life!By A CustomerI was bowled over by this book. It made me look at my home - and at my past and present - in a totally new light. Jane Alexander doesn't just talk about feng shui, light, color and sound (although she does that too) - she looks beyond all that to the mythology and psychology of your home. I was intrigued to find out why I always want "look-good" homes rather than ones which are practical and "feelgood". I was so inspired that I rearranged my whole space - and it made a huge difference. If you want to go beyond feng shui to the next level, I'm recommend this book. I bought one for a friend and ended up keeping it - and buying six more for presents.

A practical guide, packed full of simple, easy-to-follow advice, on how to create your own sacred space and sanctuary and discover peace and tranquillity in your home.