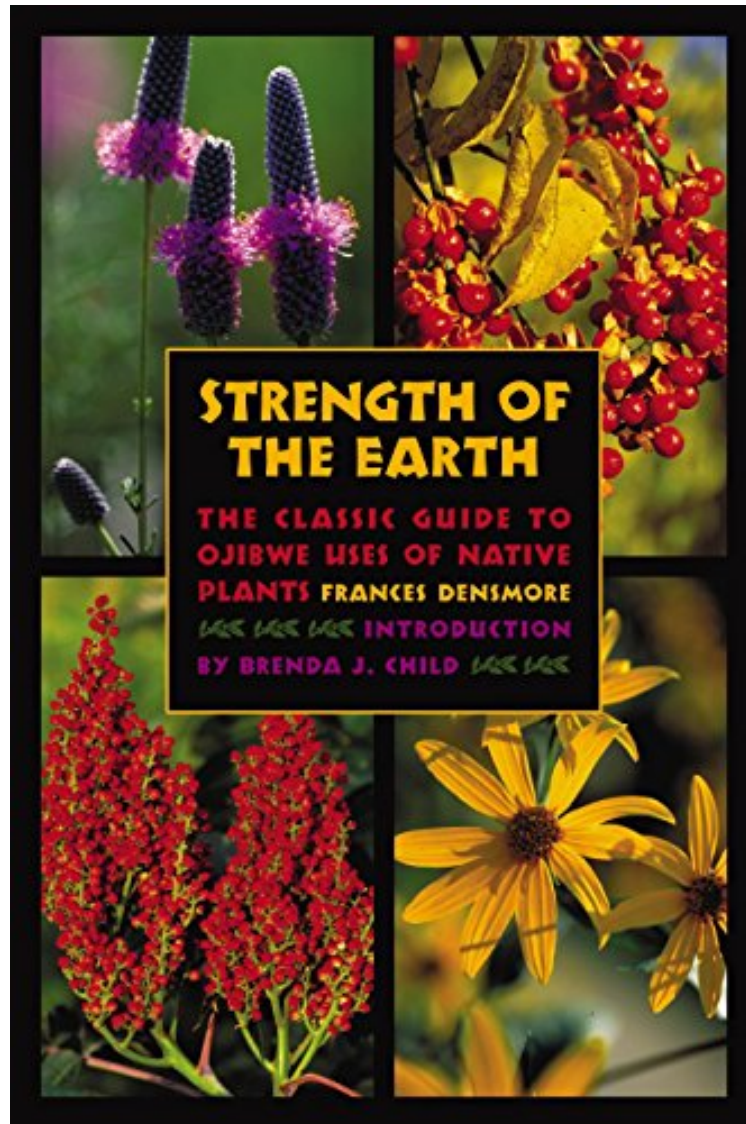


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# Strength of the Earth: The Classic Guide to Ojibwe Uses of Native Plants

*Frances Densmore*

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**Frances Densmore : Strength of the Earth: The Classic Guide to Ojibwe Uses of Native Plants** before purchasing it in order to gage whether or not it would be worth my time, and all praised Strength of the Earth: The Classic Guide to Ojibwe Uses of Native Plants:

3 of 3 people found the following review helpful. What a treasure!By CateThis book is full of details relating to Ojibwe traditional life, and attempts to capture and share these facts with a changing world. The pictures give the

reader a greater respect for daily processes of traditional Ojibwe life, and of their art, and allows modern people like me to better visualize and appreciate the inventiveness of this group of people. 12 of 12 people found the following review helpful. Great book-but, be warned, two of her books have the same title  
By Susan H. Pike  
This is a great book for anyone interested in wild plants. However, be warned, I recently bought 'How Indians Use Wild Plants for Food, Medicine and Crafts' and was excited to see this book only to find out that it appears to be the same book, just a different name.

From techniques for tapping maple trees and harvesting wild rice to extracting dyes from bloodroot and making dishes from birch bark, *Strength of the Earth* details the many uses of more than 200 forest and prairie plants. Early twentieth-century ethnologist Frances Densmore recorded traditions and techniques relayed by dozens of Ojibwe women to create this invaluable handbook perfect for readers interested in Native American art and culture, organic gardening, natural remedies, and living off the land. Brenda J. Child offers a fresh introduction focusing on the power of female healers.

About the Author  
Brenda J. Child is an associate professor of American Studies at the University of Minnesota and a member of the Red Lake Band of Chippewa (Ojibwe) Indians.