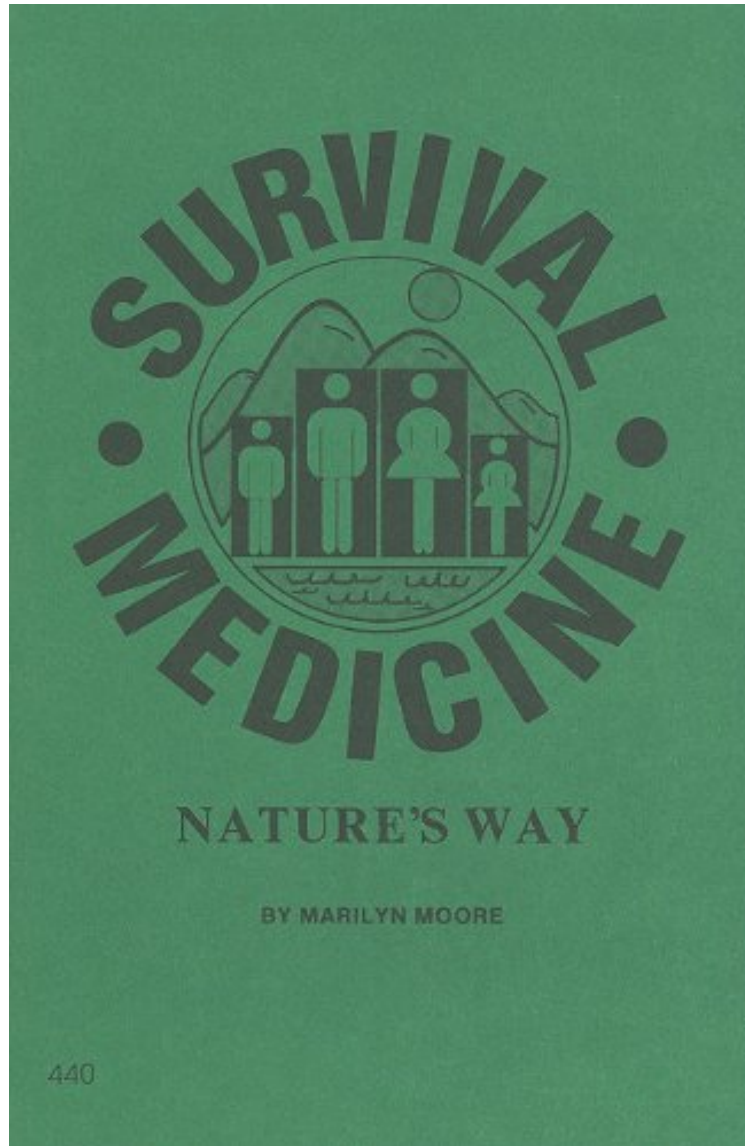


(Free) Survival Medicine: Nature's Way

Survival Medicine: Nature's Way

Marilyn Moore

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Marilyn Moore : Survival Medicine: Nature's Way before purchasing it in order to gauge whether or not it would be worth my time, and all praised Survival Medicine: Nature's Way:

1 of 1 people found the following review helpful. Great Read By Kendall Was a great read and one of my favorites to go to. Had no major cover issues and arrived on time if not a bit early. Thank you for the great book! 1 of 1 people found the following review helpful. Essential pocket guide! Good for beginners. By RojerThat(dot)com This is an excellent book with useful information. We especially like the section on common foods used for healing and various

healing 'salts'. Most natural medicine books focus exclusively on herbs, and not foods and salts. It has a nice (but small) section on how to prepare the basic medicines (teas, poultices, etc.)but if you want something more in depth on the "how and why and where" to make your own medicines you should get a more in depth book. I use it as a supplement to "The Herbal Medicine-Maker's Handbook, A Home Manual" by James Green which is also a fabulous book. Check out our family blog at [...]

This is the complete guide to preventative and curative techniques that utilize completely natural means. Many age old time tested recipes are given, some using common backyard herbs vegetables. Even a chapter on natural remedies for children!