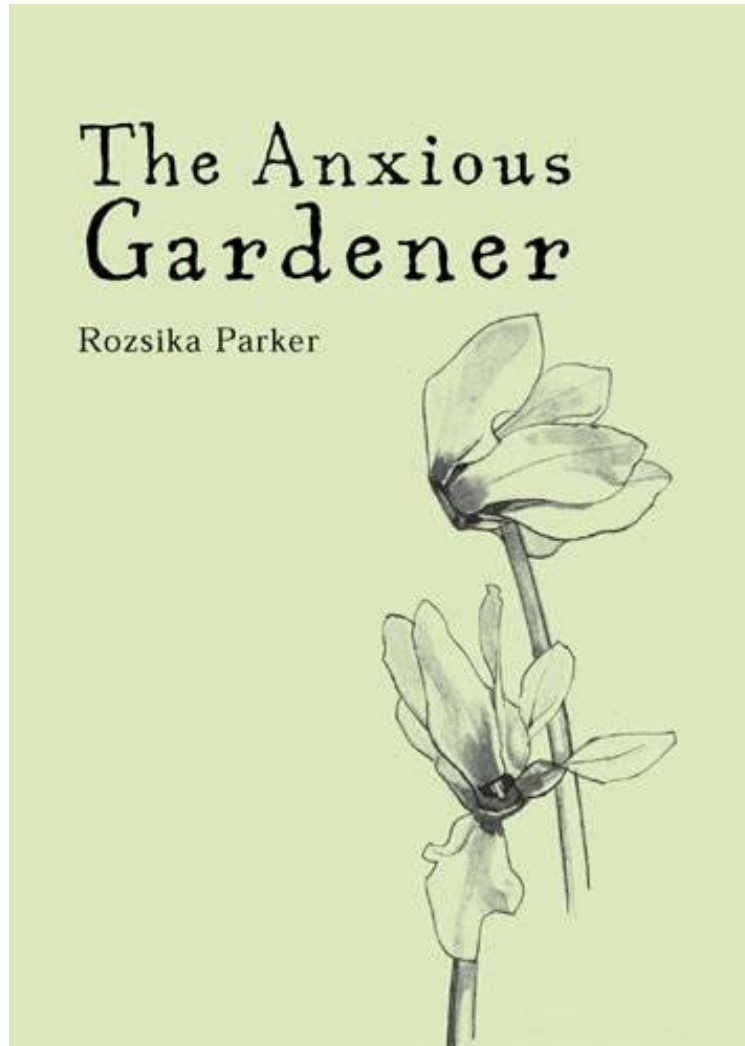


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The Anxious Gardener

Roszika Parker

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Roszika Parker : The Anxious Gardener before purchasing it in order to gage whether or not it would be worth my time, and all praised The Anxious Gardener:

In *The Anxious Gardener* Roszika Parker wittily addresses the worries evoked by a series of gardening tasks over the course of a year. Each episode involves a dialogue between the Anxious Gardener and the Gardening Mentor, who offers practical solutions to the Anxious Gardener's dilemmas. A third voice, belonging to Maud-Next-Door, dispenses understanding and envy in unequal measure through the latticework of trellis surrounding the flowerbeds. The result is a unique and witty exploration of the emotional life of the gardener, exposing the envy, anxiety, guilt, rage and

satisfaction unearthed, or unleashed, by the spade.

A psychotherapist's entertaining take on gardening. Sunday Telegraph Magazine One to soothe all gardener's worries. Country Life 'I enjoyed it hugely.' Mary Keen Spectator About the Author Rozsika Parker is not sure whether she inherited her passion for gardening or was infected by it in early youth. In any event, it came to her from her mother, the scientist, natural historian and conservationist Dame Miriam Rothschild, who made the famous garden at Ashton Wold, a world-renowned centre for the research and conservation of plant life. Rozsika is a psychoanalytic psychotherapist as well as a gardener. Rozsika Parker died in 2010. Jean Sturgis trained as a painter at the Slade School of Art. She has exhibited in London, Edinburgh and her native Cumbria.