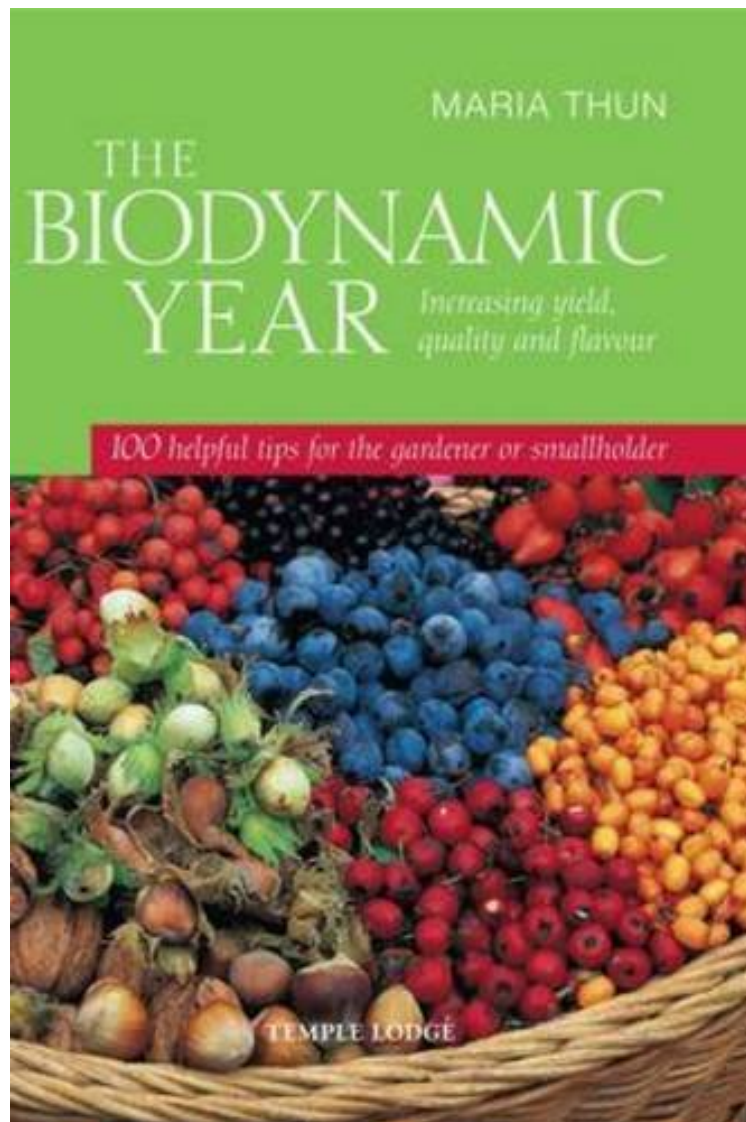


(Mobile pdf) The Biodynamic Year: Increasing Yield, Quality and Flavour100 Helpful Tips for the Gardener or Smallholder

The Biodynamic Year: Increasing Yield, Quality and Flavour100 Helpful Tips for the Gardener or Smallholder

Maria Thun

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Maria Thun, a preeminent expert in biodynamic methods of cultivation, or premium organic, has collected more than a hundred of her best gardening tips from fifty years research. Discover: how to produce abundant and flavorful crops how special preparations can transform soil and plants how the moon affects planting and growth the difference between root, leaf, blossom, and fruit plants the best storage methods much more Join the author on a journey through the seasons and discover great new tips and suggestions. The Biodynamic Year contains a wealth of advice for gardeners who wish to care for and manage nature more responsibly and successfully.

About the AuthorMaria Thun (1922-2012) was born near Malburg, Germany. Her father had a small farm and the children took part in the farm work. In the early 1940s Maria Thun met her future husband Walter Thun, who introduced her to some biodynamic farmers and Maria became greatly interested in these farming methods. She continued to experiment with sowing during the 1950s with many types of crops to see whether the movement of the moon had the same effect on all crops. From her observations she divided passage of the moon through the zodiac into four: root days, leaf days, fruit days and flower days, each indicating which type of plant is best sown on each specific day. Her annual sowing and planting calendar is published in 18 languages.Matthew Barton is a translator, editor, teacher, and poet, and taught kindergarten for many years at the Bristol Waldorf School. His first collection of poems was Learning To Row (1999). He has won numerous prizes for his work, including an Arts Council Writer's Award and a Hawthornden Fellowship.