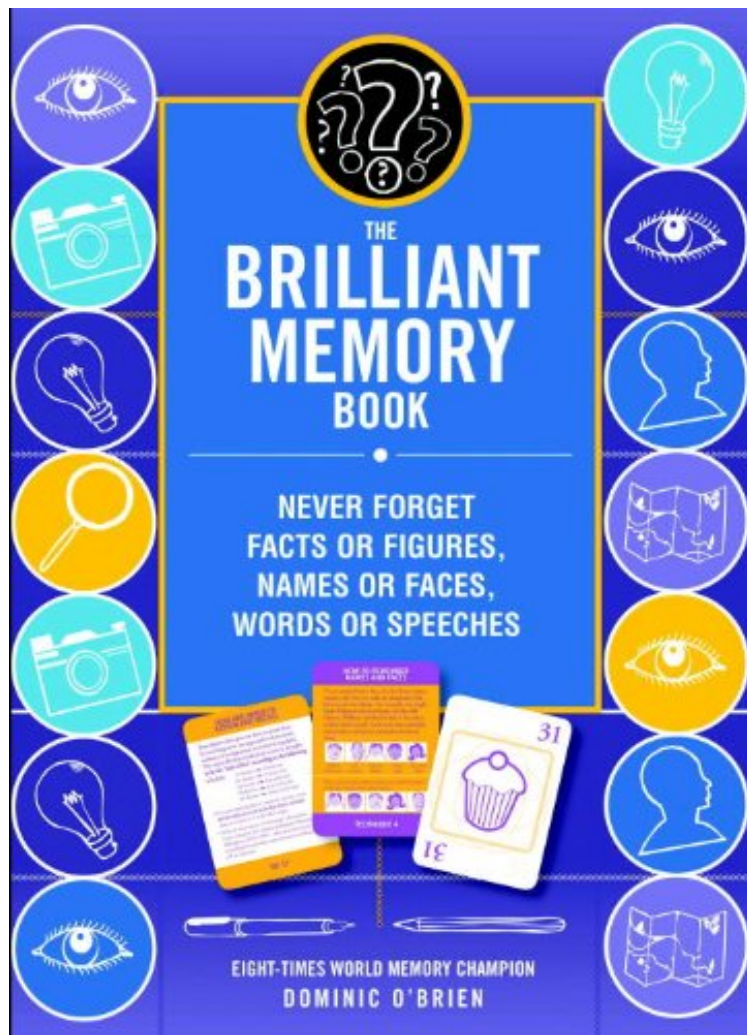


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The Brilliant Memory Tool Kit: Tips, Tricks and Techniques to Boost Your Memory Power

Dominic O'Brien

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Dominic O'Brien : The Brilliant Memory Tool Kit: Tips, Tricks and Techniques to Boost Your Memory Power before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Brilliant Memory Tool Kit: Tips, Tricks and Techniques to Boost Your Memory Power:

5 of 5 people found the following review helpful. Great book. By Jeff Epperly Small enough to fit in your pocket (not counting the 52 flash cards that come with it). Very concise and informative. There are tons of self help books out there, but how many are written by a guy that has won the World Memory Championship eight or more times? The Journey Method works (it was developed by the ancient Greeks... fyi) and Dominic's tips on how to use it, along with

techniques on how to store different types of information at each stage of a journey, have definitely helped reduce the learning curve. I bought two more copies and gave them to my niece and nephew. I wish I had found this before I went to college, instead of 15 years later (I even took a Study Skills class my freshman year and they never mentioned the Journey Method once). If you like this one, his other books are definitely worth checking out too. 6 of 6 people found the following review helpful. Useful By ian1 Product was a great compliment to the book (also sold on .com). The series helped my study techniques for my pre-med major and also helped to improve my personal relationships with friends and family because I no longer forget birthdays and special dates! Product exceeded my expectations! 1 of 2 people found the following review helpful. I find this helpful By Jan Williamson I find this very helpful and can tell a difference working with this Tool Kit

Thanks to his amazing techniques, memory master Dominic O'Brien has won the World Memory Championship eight times and become legendary for his ability to beat the Las Vegas casinos at blackjack. Now, with this three-part kit that teaches O'Brien's method, anyone can enjoy dramatically improved memory in mere weeks. The kit consists of a guidebook, a pictorial memory Journey Map, and 50 flash cards with tips for mental associations that will help you instantly recall people's names, the items on a list, and numbers with up to 100 digits!

About the Author Dominic O'Brien holds numerous memory-related world records, and was named Brain of the Year in 1994 and Grandmaster of Memory by the Brain Trust of Great Britain. He is President of the World Memory Sports Council. His books include *You Can Have an Amazing Memory* and *How to Develop a Brilliant Memory Week by Week*.