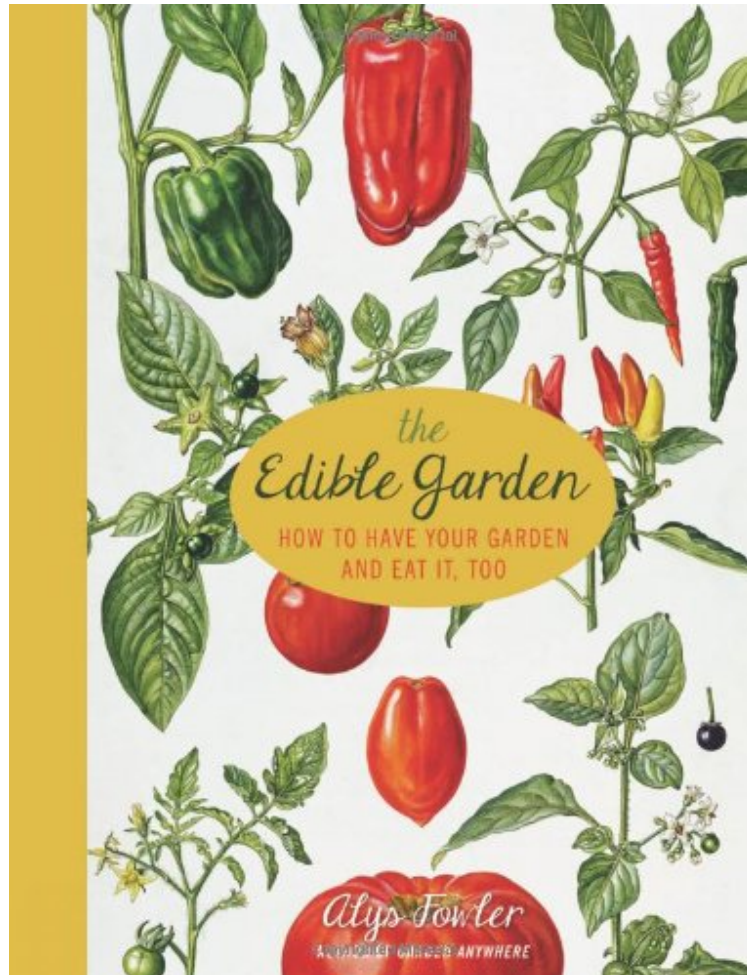


(Download) The Edible Garden: How to Have Your Garden and Eat It Too

# The Edible Garden: How to Have Your Garden and Eat It Too

*Alys Fowler*

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**Alys Fowler : The Edible Garden: How to Have Your Garden and Eat It Too** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Edible Garden: How to Have Your Garden and Eat It Too:

15 of 15 people found the following review helpful. A feel-good book for new gardeners By H. Malmsio I saw the TV series made by Alys and loved how it presented gardening in a relaxed and eco-friendly way. It seemed to be stress free and laid back, and the book has that same feeling. The book seems to concentrate a lot on what to do with the garden harvest, along with how to produce it, but it is not a hard-core gardening manual if you are looking for step by step instructions on how to set up your brand new garden. (The best book ever for how to do that is One Magic Square: The Easy, Organic Way to Grow Your Own Food on a 3-Foot Square which has everything you need to know about setting up super productive, small or large, organic gardens for fruit and veg.) But I really, really enjoyed reading "The Edible Garden", like a great conversation with a green-thumbed neighbour with tons of great simple tips for the

garden and the produce.5 of 5 people found the following review helpful. Grow what you eat!By The NexwaveI did not know of Alys Fowler before this book but now I am a die-hard fan of her writing and her style of gardening which is easy, inviting, effective and very edible, too. Her wisdom comes from a pure love of gardening and her excellent advice is helpful to any level of expertise. I am going to do exactly as Alys Fowler suggests and have my garden and eat it and share the bounty with my neighbors friends and loved ones!3 of 3 people found the following review helpful. Eating in the cityBy ChessplayI have always been interested in plants, and this book was a great help in planning a small garden here in New York City many kudos.

In this timely new book BBC star and Gardening World's thrifty and resourceful Alys Fowler shows that there is a way to take the good life and re-fashion it to fit in with life in the city. Abandoning the limitations of traditional gardening methods she has created a beautifully productive garden where tomatoes sit happily next to roses carrots are woven between the lavenders and potatoes grow in pots on the patio. And all of this is produced in a way that mimics natural systems producing delicious homegrown food for her table. And she shares her favorite recipes for the hearty dishes pickles and jams she makes to use up her bountiful harvest proving that no-one need go hungry on her grow-your-own regime. Good for the pocket good for the environment and hugely rewarding for the soul The Edible Garden urges urbanites everywhere to chuck out the old gardening rules and create their own haven that's as good to look at as it is to eat.

"Anyone who likes to get their hands dirty will love The Edible Garden: How to Have Your Garden and Eat It Too. A master gardener who specializes in edible landscaping Fowler (who has her own show in the U.K.) not only gives directions on how to grow vegetables herbs and edible flowers but she also presents truly useful garden plans and as the title suggests drool-worthy recipes for what to do with the harvest." BUST"You may not have much acreage but even city dwellers can create a good-enough-to-eat outdoor space." Redbook"Fowler's book is authoritative and full of good advice. It is an easy reference for beginning gardeners. More-experienced vegetable gardeners especially but also flower gardeners will find plenty of inspiration here too." Deck Patio Outdoor Living Better Homes and Gardens"An amazing beautiful book! It is a guide for anyone that wants to create an edible garden in any space they inhabit." Eco Child's Play"This guide will show you everything you need to know to become a self-sufficient gardener." Planet Weidknecht"If you have a gardener on your holiday gift list I would highly recommend Edible Garden. It makes for a great way to keep a little of spring and summer in your winter." Crafty Mama"I am smitten with Alys Fowler! The Edible Garden is divided into sections: Things To Know Things To Grow and Reaping Your Harvest. This includes information on seed saving foraging recipes and food preservation methods. Its a fine addition to your garden book collection with lovely images to be savoured during the cold winter months while you plot and scheme your spring garden plans." The Empress of Dirt"Expert gardener and BBC television celebrity Alys Fowler presents The Edible Garden: How to Have Your Garden and Eat It Too a practical-minded guide to gardening pickling and preserving one's own vegetables as well as brewing teas and being a responsible steward of the environment. Colorful photography intersperses the accessible user-friendly instructions and wealth of tips tricks and techniques. Highly recommended for any gardener who wishes to truly savor the fruits (and veggies) of their labor!" Midwest Book s"No gardener has room for it all but author Alys Fowler intentionally breaks the rules to show how you can have your garden and eat it too in her new book The Edible Garden." HomegrownIowan"A great gift for up and coming gardeners." The Blogging Nurseryman"Pretty to look at fun to read and full of answers and advice for beginners and for experienced gardeners wishing to spread their wings and try something new." Anna Jedrzejewski Retailing InsightFrom the Back CoverA Guide to Creating Your Own EdenWhether you are a hardy homesteader or just getting started with a few herb pots on your windowsill, The Edible Garden offers food for thought on creating your very own haven that is as beautiful as it is delicious. Master gardener and BBC personality Alys Fowler has devoted her life to teaching people how to grow their own floral food and edible landscaping. Here, Fowler shares her trademark wisdom and inventive tips to help your garden grow abundantlyfrom saving and sowing your own seeds, to mixing the worlds best compost, to brewing your own herb teas and growing such a bounty of veggies that you will have to learn how to pickle and preserve them! Good for the pocket, good for the environment and hugely rewarding for the soul, The Edible Garden provides a taste of the good life to anyone willing to pick up a trowel.Learn How To: Mix trees, edibles and flowers in the same plot Sustainably forage for wild food Plant the prettiest vegetables for container gardening Grow and brew comfrey for "liquid love" Cook deliciously hearty harvest dishes Make gifts from the garden: canned jams, chutneys and fruit liqueurs