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## The EZ Guide To Aeroponics, Hydroponics and Aquaponics: How to Create a Sustainable Food Supply

*Mr. Bob Long*

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### THE EZ GUIDE TO AEROPONICS, HYDROPONICS AND AQUAPONICS



HOW TO CREATE A  
SUSTAINABLE FOOD SUPPLY

BOB LONG

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**Mr. Bob Long : The EZ Guide To Aeroponics, Hydroponics and Aquaponics: How to Create a Sustainable Food Supply** before purchasing it in order to gage whether or not it would be worth my time, and all praised The EZ Guide To Aeroponics, Hydroponics and Aquaponics: How to Create a Sustainable Food Supply:

13 of 13 people found the following review helpful. Helpful and InformativeBy Felicia A. SullivanWith the disclaimer that it was actually my husband who read this book, not me, I am reviewing it based on his opinion.My husband has a hydroponic garden in which he is growing all kinds of vegetables and a couple of fruits. LOTS of information is

needed to do this correctly, way more research than I ever wanted to do...so I do a greenhouse and the outside stuff, he does the hydroponics. :-)The book is well researched and is very informative, covering hydroponics, aeroponics and aquaponics, and the differences between the three. Even though he has done his own research and built his hydro system based on what he learned on his own, and the fact that he has already put his system into action, my husband still found information within this book that was useful to him, and even caused him to tweak a few things for better performance of his system.All in all, he found the book very helpful.11 of 11 people found the following review helpful. Very basic informationBy FionaThe information was very basic in this thin book. All the information can be found online and for free. Two stars because it is a good basic introduction to the ponics if they don't know how to use the Internet.0 of 0 people found the following review helpful. Would not recommend to a friendBy CustomerI have never returned anything back to but this might be the first. Looks like a Junior High student wrote this after minimum research on the subjects. This is really only a 10 page book once you take the blown up, poor quality pictures and large font with double spacing. Not to mention all the writing typos! Book is maybe worth \$3. Only reason I gave it 2 stars is because I'm interested in these topics and not many books written about all 3 that I have found on ...

Three Books in One! Learn how to create a sustainable food supply using 3 popular methods of soil less gardening. Hydroponics Aeroponics Aquaponics Grow delicious tasting and healthy fruit and vegetables year round in 1/2 the time. You don't need a backyard. You don't need fertilizers or pesticides. You don't have to dig in the dirt or pull weeds. You don't need dirt at all! These gardening methods work just as well indoors or outdoors. Learn a method of food production that NASA is researching to support long distance space travel. Learn the soil less gardening technique used by the ancient Babylonians to build their famous Hanging Gardens. Learn a self-sustaining system of food production that includes both fish and vegetables. Discover how: Fish can feed your plants Plants can filter the water for your fish The Nitrogen Cycle makes the whole thing work If you have the desire to be self sufficient and a passion for gardening this is the right book for you!

About the AuthorBob Long was born in the Bronx, NY and grew up in a close-knit blue collar family. His education and work experience is in engineering, as a senior executive at Fortune 500 companies and a small business owner. He has worked in a variety of industries including transportation, finance, healthcare and technology. He has many hobbies including fishing, gardening, sports and surfing the Internet. He likes to write about subjects for which he has a passionate interest and can draw on his experience as a engineer, businessman and outdoors-man. He currently lives in Texas with his wife of 25+ years, 2 teen age children and bunch of dogs.