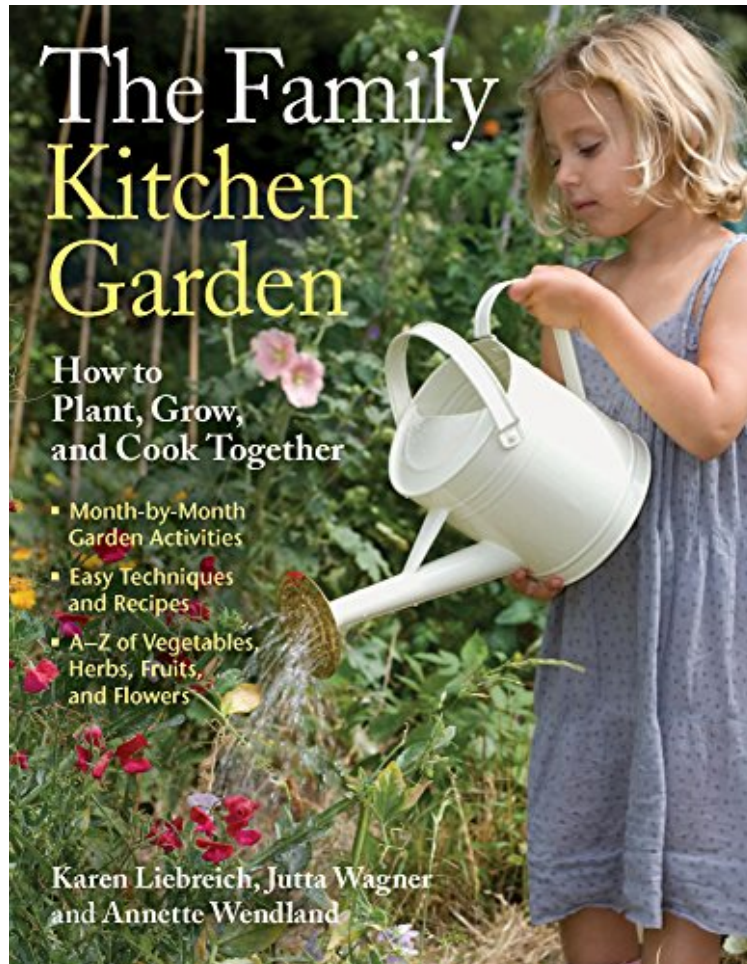


(Ebook pdf) The Family Kitchen Garden: How to Plant, Grow, and Cook Together

The Family Kitchen Garden: How to Plant, Grow, and Cook Together

Karen Liebreich, Jutta Wagner, Annette Wendland
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Karen Liebreich, Jutta Wagner, Annette Wendland : The Family Kitchen Garden: How to Plant, Grow, and Cook Together before purchasing it in order to gage whether or not it would be worth my time, and all praised The Family Kitchen Garden: How to Plant, Grow, and Cook Together:

0 of 0 people found the following review helpful. An excellent guide for beginners!By Laura DiggesThis is an excellent beginner's guide to gardening. It has a broad variety of plants, as well as a month-by-month guide to planting and harvesting. It is a perfect companion for someone getting their first in-the-ground garden. It does not have many tips on container gardening specifically. The focus is on fruits, veggies, and herbs; flowers are included, but they are not the center. If you want to learn how to garden for eating, this is the book for you.0 of 0 people found the following review helpful. Everything I hoped for and more!By CharleneThis book was amazing. We were beginning gardeners

when we bought it, but we weren't completely void of any gardening knowledge. We had planted small gardens before, but I bought this when we decided to expand into our big plot. It was perfect for us. It covered everything from designing your layout to storing your harvest. It's not geared toward kids, but it's geared toward FAMILIES. There were a lot of notes in the book pointing out which jobs would be easiest for kids to do, plants that kids would enjoy harvesting, which seeds would be best for children involved in the planting process. After buying this, it became my gardening bible. There was rarely ever a question I had that I couldn't find the answer for in this book. I think Google missed me tremendously. :) I would recommend this to any person who is taking the plunge into gardening big without or without children. 0 of 0 people found the following review helpful. Five Stars By Stephen Borders beautiful

Everyone wants healthy children who choose potatoes over chips and oranges over Oreos, but it isn't always easy to convince a picky child to try something new. The Family Kitchen Garden integrates the garden and kitchen in a simple, fun way that parents and children can enjoy together. By teaching kids how to garden, they will be more likely to eat what they grow -- what a rewarding way to encourage healthy foods! Unlike other guides to gardening with children, these are not simple projects just for kids. Rather, the authors believe that kids can do -- and will enjoy -- the same type of gardening that adults do. Part One focuses on the nitty-gritty of gardening with kids: how to keep sessions short, tips on how much to grow, and important safety precautions. Part Two is a month-by-month guide on what to sow, plant, harvest, and eat. Seasonal recipes include nutritious, kid-friendly foods like parsnip chips, rhubarb cake, and homemade ketchup. Part Three is an A-Z guide to vegetables, fruit, herbs, and flowers. Icons note which are plants particularly easy to grow and suitable for young children. The Family Kitchen Garden is for parents who want to get their kids outside and for families looking for simple ways to lead a healthier life. Grab your kids and get gardening!

There are no frivolous kiddy projects, though there are many creative activities and healthy recipes in the month-by-month section. Library Journal An introduction to productive gardening that any novice could benefit from reading. Gardens Illustrated Monthly tasks and an encyclopedia of vegetables, as well as recipes like a luscious rhubarb cake, make this book as useful as it is irresistible. The Seattle Times This book is an excellent starting point for families who want to get into vegetable gardening. Vancouver Sun The last half of the book is an A-to-Z vegetable, fruit, herb, and edible flower guide that would be helpful to any gardener who isn't satisfied with the amount of information crammed on the back of a seed packet. Austin American-Statesman A lovely, invaluable resource, which, if implemented, could transform the way we as families spend our time, eat our food and live our lives. Only good can come of this. Plant Whatever Brings You Joy Knowing that picky kids are more likely to eat what they grow, this book integrates garden and kitchen in a simple way that parents and children can enjoy together. Michigan Gardener The new garden guide takes you and your kids or grandkids through the garden, month by month, with help figuring out what to plant when and how to eat it up. Denver Post