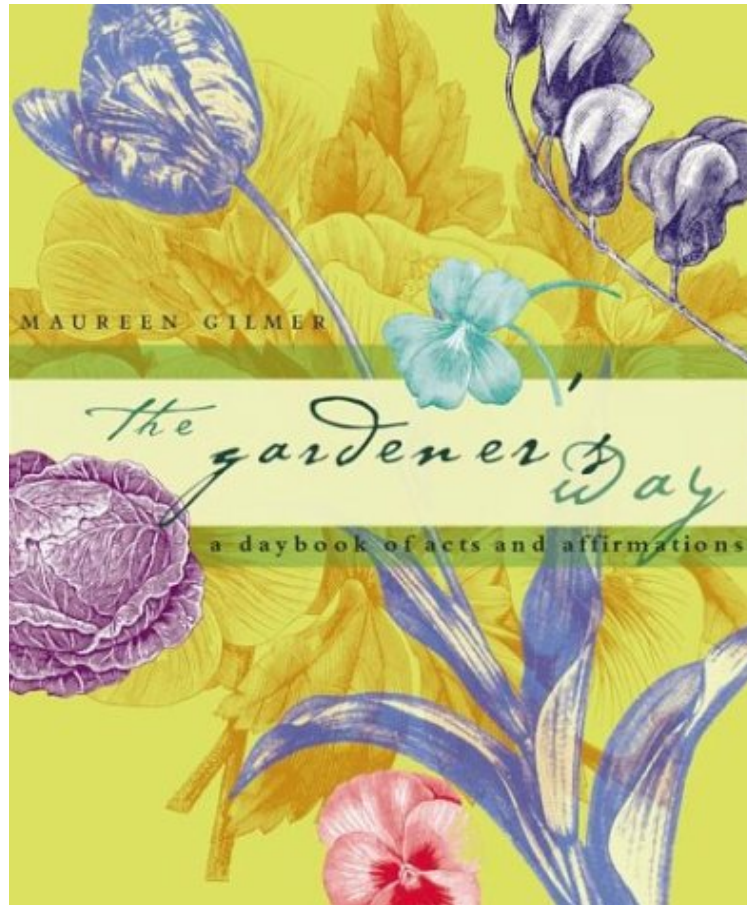


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The Gardener's Way : A Daybook of Acts and Affirmations

Maureen Gilmer

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Maureen Gilmer : The Gardener's Way : A Daybook of Acts and Affirmations before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Gardener's Way : A Daybook of Acts and Affirmations:

0 of 0 people found the following review helpful. A Nice Daily Meditational for the Gardener By awgeeze Interesting garden lore and facts plus ways to bring gardening into your daily life beyond the garden lots of lovely little symbolic and useful acts to do ex. how to make rose flower sugar along with a daily meditation just love it

Take a stroll into a spiritual garden. This day book celebrates the gifts of soil, air, water and stone. It contains quotations on the wonders of nature and botanical beauty to provide a source of inspiration for every day of the year. Includes practical day-by-day advice for growing a rich garden.

From Booklist In tune to the seasonal rhythms of the garden, Gilmer shares inspirational musings that draw upon myriad connections between the inherent beauty of plant life and the fundamental precepts of the world's great

religions and hallowed traditions. Gilmer's aim in this book of days is to reveal how the planet's vast population is unified by the sacred aspects of horticulture, a common thread manifested in wild and cultivated gardens alike. To that end, she delves into ancient myths, symbolism, and historical allusions associated with botanical wonders handed down by gardeners who found solace in nature. By providing readers with daily acts and affirmations, Gilmer suggests that it is often small things--like learning to decode the meaning of plant names, or sending a pressed flower to a friend--that can spiritually enhance each day of the year. Alice Joyce Copyright American Library Association. All rights reserved

From the Inside Flap *The Gardener's Way* was inspired by a simple philosophy: if you cannot be in the garden every day, the next best thing is to put yourself in a garden state of mind. As you leaf through these pages you will wander along a tranquil path offering fresh perspectives upon nature and life. Each day's entry begins with a quotation chosen to evoke a deep connection with the joys of the natural world. The wisdom of the saints and the insights of contemporary naturalists set a positive tone for your day. Author Maureen Gilmer helps you gain a new understanding of age-old feasts, festivals, and religious rituals that are rooted in nature, plants, and the garden. You will learn the meanings of Wiccan Sabbaths, fairy rings, solstice celebrations, and druid oracles, while growing in awareness of the common ground shared by all who love the earth. To help you rekindle your relationship with the natural world, each day's entry suggests symbolic acts that can help you grow a better garden--and, thereby, enrich your life. Create a simple shrine in the notch of a tree as an outward sign that the garden is your sanctuary. Make a healing infusion from medicinal herbs. Become conscious of changes in light as sunshine and shadows make their way across your garden. Let them remind you that the dawn of each day is golden with new discoveries and opportunities. Though all of us would love to spend time each day in the wild or in our gardens, it is nearly impossible to do so. Let *The Gardener's Way* help you take a few quiet moments to celebrate your spiritual connection to the botanical world through a garden of words that will renew your mind, body, and spirit.

From the Back Cover *The Gardener's Way* was inspired by a simple philosophy: if you cannot be in the garden every day, the next best thing is to put yourself in a garden state of mind. As you leaf through these pages you will wander along a tranquil path offering fresh perspectives upon nature and life. Each day's entry begins with a quotation chosen to evoke a deep connection with the joys of the natural world. The wisdom of the saints and the insights of contemporary naturalists set a positive tone for your day. Author Maureen Gilmer helps you gain a new understanding of age-old feasts, festivals, and religious rituals that are rooted in nature, plants, and the garden. You will learn the meanings of Wiccan Sabbaths, fairy rings, solstice celebrations, and druid oracles, while growing in awareness of the common ground shared by all who love the earth. To help you rekindle your relationship with the natural world, each day's entry suggests symbolic acts that can help you grow a better garden--and, thereby, enrich your life. Create a simple shrine in the notch of a tree as an outward sign that the garden is your sanctuary. Make a healing infusion from medicinal herbs. Become conscious of changes in light as sunshine and shadows make their way across your garden. Let them remind you that the dawn of each day is golden with new discoveries and opportunities. Though all of us would love to spend time each day in the wild or in our gardens, it is nearly impossible to do so. Let *The Gardener's Way* help you take a few quiet moments to celebrate your spiritual connection to the botanical world through a garden of words that will renew your mind, body, and spirit.