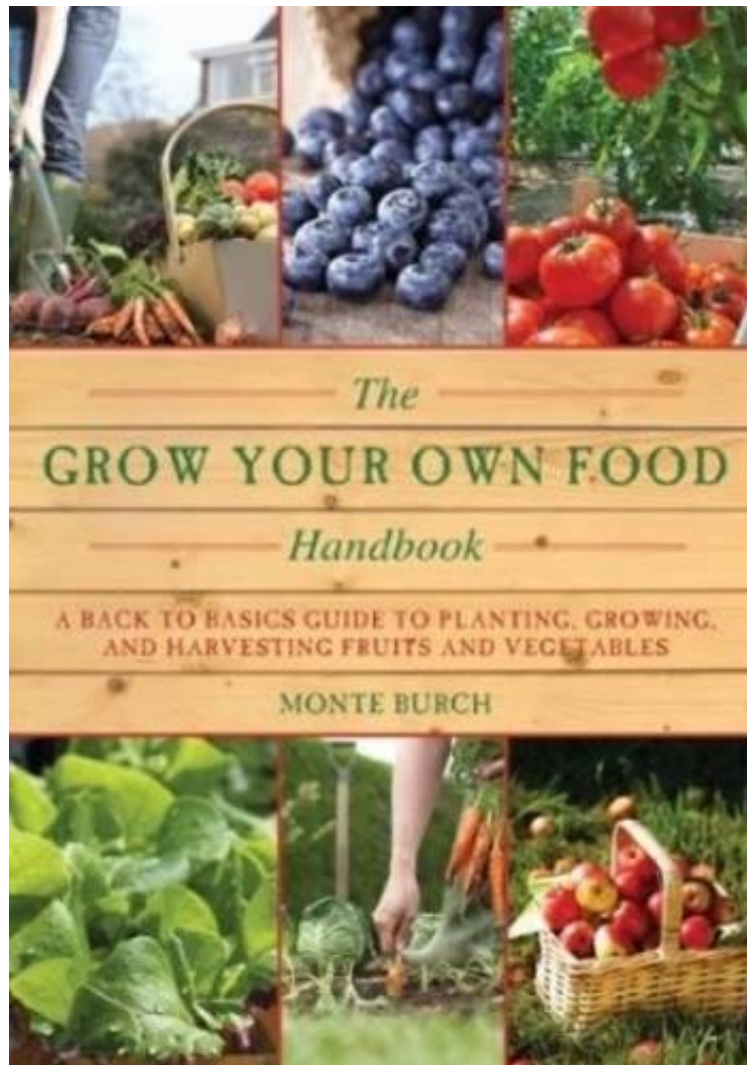


(Get free) The Grow Your Own Food Handbook: A Back to Basics Guide to Planting, Growing, and Harvesting Fruits and Vegetables (The Handbook Series)

The Grow Your Own Food Handbook: A Back to Basics Guide to Planting, Growing, and Harvesting Fruits and Vegetables (The Handbook Series)

Monte Burch

ePub | *DOC | audiobook | ebooks | Download PDF



DOWNLOAD



+

READ ONLINE

#701208 in Books 2014-04-01Original language:EnglishPDF # 1 10.00 x .75 x 7.251, 1.60 #File Name: 1628738030240 pages | File size: 20.Mb

Monte Burch : The Grow Your Own Food Handbook: A Back to Basics Guide to Planting, Growing, and Harvesting Fruits and Vegetables (The Handbook Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Grow Your Own Food Handbook: A Back to Basics Guide to Planting, Growing, and Harvesting Fruits and Vegetables (The Handbook Series):

3 of 3 people found the following review helpful. A Definite MUST HAVE for your gardening collection
By golden1968 This is a MUST HAVE for any gardener, whether novice or experienced. Book is full of great information and in an easy-to-read format- very user friendly. This is my first year having a garden in an urban setting and this book really helped me plan, organize and harvest my vegetables and herbs.
3 of 3 people found the following review helpful. Very good knowledge to have
By Marauder Shields Very good knowledge to have. As a guy with no experience before this book, I can at least say I can take care of the basics and learn the rest on my own.
3 of 3 people found the following review helpful. This is a useful handbook for gardening that deals with practical realities --how ...
By Customer This is a useful handbook for gardening that deals with practical realities --how to thin beets, all the planting basics that are sometimes left out of other manuals because it is assumed the gardener knows.

Growing your own food is a hot topic today because of the high cost of transporting food long distances, the heightened problem of diseases caused by commercially grown foods, concerns of the overuse of chemicals in mass food production, and the uncertain health effects of GMOs. Many people from White House executives to inner-city kids have recently discovered the benefits of homegrown vegetables and fruits. Community gardens, and even community canning centers, are increasingly popular and have turned roof-top gardening into a great and healthy food source. And on a smaller scale, some plants can even be grown in containers for the smallest backyard or patio. The possibilities for growing your own food are endless! The Grow Your Own Food Handbook informs you how to grow all types of vegetables, fruits, and even grains on your own land or in any small space available to you and your family. Also included is information on specific health benefits, vitamins, and minerals for each food, as well as detailed instructions for fall and winter food growing. Learn how to grow for your family, harvest and store all types of home-grown produce, and find joy in eating foods planted with your own hands.

About the Author Monte Burch: Monte Burch is an award-winning freelance writer, photographer, and author of over seventy-five books and thousands of outdoors and how-to magazine articles. His books range from building outdoor gear and hunting lodges to hunting turkeys to seasonal patterns for walleye. He lives in Humansville, MO, United States.