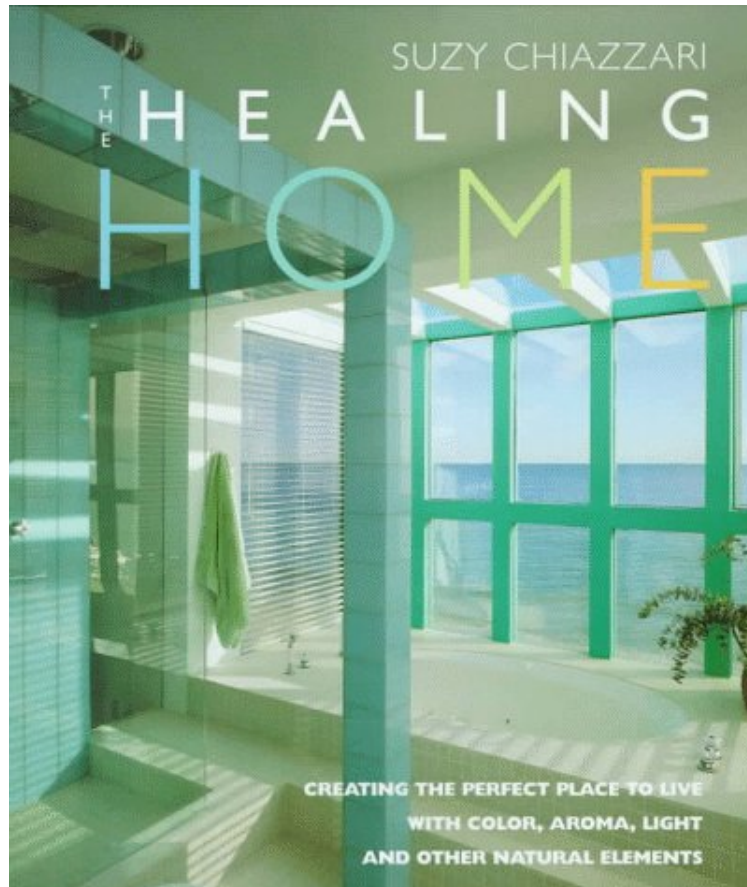


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The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Elements

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Suzy Chiazzari, Susy Chiazzari : The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Elements before purchasing it in order to gage whether or not it would be worth my time, and all praised The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Elements:

30 of 31 people found the following review helpful. Create a Tranquil HomeBy Cindy B.This book is inspiring. The pictures are beautiful and serve as a motivation to create a haven of healing and peace within the home.Suzi Chiazzari writes in a clear, personal style and lends credibility to how the home can influence our physical, mental and emotional well-being. The suggestions presented are practical and make sense without confusing "new age" rhetoric.Topics presented in THE HEALING HOME include the use of color and texture, aroma, the importance of light, how decor can de-stress one's life, and bringing nature into the home.2 of 2 people found the following review helpful. Fresh Ideas for a Healthy Home LifeBy Liza M. RaiserAs a person who is always looking for ways to make

my home more comfortable, I have been so happy with this purchase. This book talks about the non-obvious elements that make one's home a sanctuary and how to achieve a healing home. There are tips and guidelines for exploring our innermost needs and how those can be met by our homes. The book also gives tips on how to remove those "bad vibes" that are left behind by negative people who enter our homes. Overall, it is a sweet and pleasant read with lots of beautiful photographs of what a healing home can look like. 0 of 0 people found the following review helpful. Healing Home By Tom This book was a surprise. It's just amazing how our surroundings effect is, whether we realize it or not! Best to know what is effecting you and how - read it.

A new, holistic approach to natural designing and decorating for a home that is healthy for the mind, body, and spirit. Beautifully illustrated with color photos. When we walk into a room for the first time, we often have an immediate reaction to its atmosphere. The natural energies created by our environment highly influence the way we feel. By enhancing positive elements, such as light, color, and scent, we can create a harmonious sanctuary that engenders health and well-being and nurtures all that is best in the human spirit. Environmental designer Suzy Chiazzari draws from a variety of cultures and philosophies to reveal the many ways in which we can improve the vital energy in our home. By using natural materials, full-spectrum lighting, energy-balancing sounds, as well as the healing properties of water, plants, sunlight, scent, color, and placement or feng shui, we can charge our home with "an energy that connects us to the earth, the air, and each other to sustain us in perfect health." Suzy Chiazzari is a designer of healing environments as well as a color therapist. 128 pp 8 1/2 x 10 7/8 color photos

From Library Journal Chiazzari, who runs the Holistic Design Institute in England, takes a holistic approach to interior design by showing how the use of aromatherapy, Feng Shui, color, light, and natural materials can create a restful, energizing, and healthful environment. Similar to Robin Lennon's Home Design from the Inside Out (LJ 9/15/97), this beautifully illustrated book will be an excellent addition where there is an interest. Copyright 1998 Reed Business Information, Inc.