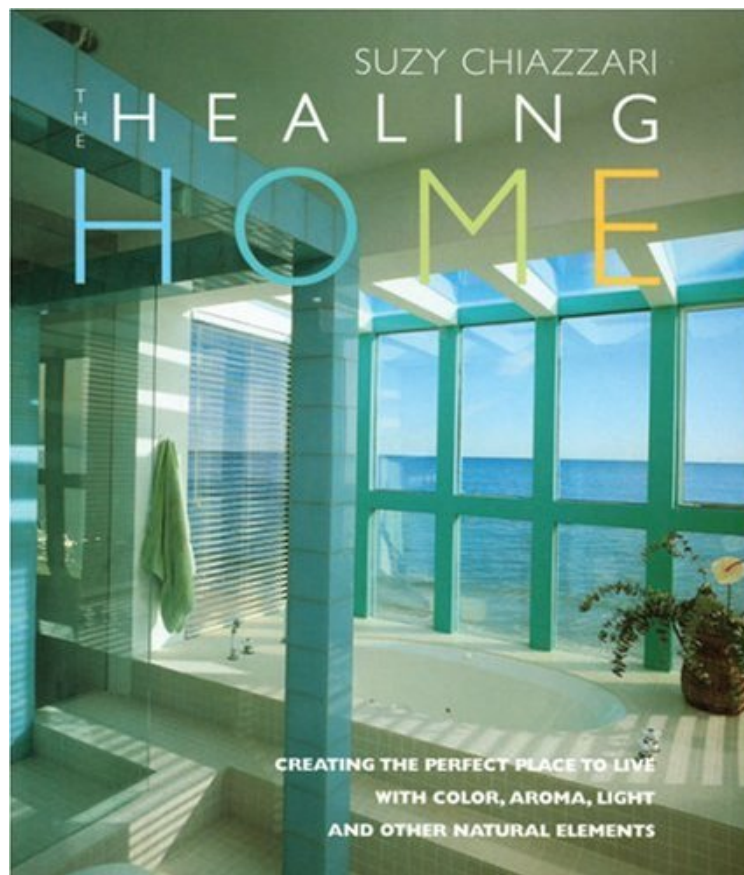


(Free) The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Resources

## The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Resources

*Suzy Chiazzari*

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**Suzy Chiazzari : The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Resources** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Healing Home: Creating the Perfect Place to Live with Color, Aroma, Light and Other Natural Resources:

30 of 31 people found the following review helpful. Create a Tranquil HomeBy Cindy B.This book is inspiring. The pictures are beautiful and serve as a motivation to create a haven of healing and peace within the home.Suzi Chiazzari writes in a clear, personal style and lends credibility to how the home can influence our physical, mental and emotional well-being. The suggestions presented are practical and make sense without confusing "new age" rhetoric.Topics presented in THE HEALING HOME include the use of color and texture, aroma, the importance of light, how decor can de-stress one's life, and bringing nature into the home.2 of 2 people found the following review helpful. Fresh Ideas for a Healthy Home LifeBy Liza M. RaiserAs a person who is always looking for ways to make my home more comfortable, I have been so happy with this purchase. This book talks about the non-obvious elements

that make one's home a sanctuary and how to achieve a healing home. There are tips and guidelines for exploring our innermost needs and how those can be met by our homes. The book also gives tips on how to remove those "bad vibes" that are left behind by negative people who enter our homes. Overall, it is a sweet and pleasant read with lots of beautiful photographs of what a healing home can look like. 0 of 0 people found the following review helpful. Healing Home By Tom This book was a surprise. It's just amazing how our surroundings effect is, whether we realize it or not! Best to know what is effecting you and how - read it.

When we walk into a room for the first time, we often have an immediate reaction to its atmosphere. The natural energies created by our environment influence how we feel. By enhancing positive elements, such as light, color, and scent, we can create a harmonious sanctuary that encourages health and well-being and all that is best in the human spirit. Environmental designer Suzy Chiazzari draws from a variety of cultures and philosophies to reveal the many ways in which we can improve the vital energy in our home. By using natural materials, full-spectrum lighting, energy-balancing sounds, as well as the healing properties of water, plants, sunlight, scent, color, and placement or feng shui, we can charge our home with an energy that "connects us to the earth, the air, and each other to sustain us in health."